**Aging Done Smart**

**An Easy Pocket Guide**

**to Legal, Financial and Emotional Health**

Death and taxes may be inevitable, but they both require a lot of preparation. Fifty percent of America’s seventy-four million baby boomers have parents eighty or older, and nearly half of those boomers haven’t discussed end-of-life issues with their loved ones.

In *Aging Done Smart*,the authors present a detailed, step-by -step guide on how to deal with aging. They tackle issues such as wills and trusts, estate planning, senior housing, caregiving, hospice care, and death and bereavement. Their approach is lighthearted but thorough, and they provide a sorely needed examination of all the details involved in growing old in America.

Nicole D. Carr is a social services administrator and Glenn L. Spitzer is an attorney. They have combined their skills and knowledge to give readers a practical understanding of the issues involved in caring for an elderly family member.

Nicole D. Carr holds an advanced degree in Public Administration from the City University of New York and is currently an Administrator at the California Department of Social Services.

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Author photo)

Collaborator Glenn L. Spitzer is an attorney who has practiced for thirty-five years in the areas of family law, wills, trusts, and estate planning. In *Aging Done Smart*, the two have pooled their expertise to provide an invaluable guide to all the issues involved in caring for a loved one at the end of his or her life.

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